

Preparing for Action: Surviving an Active Shooter Incident

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Goals for today's session

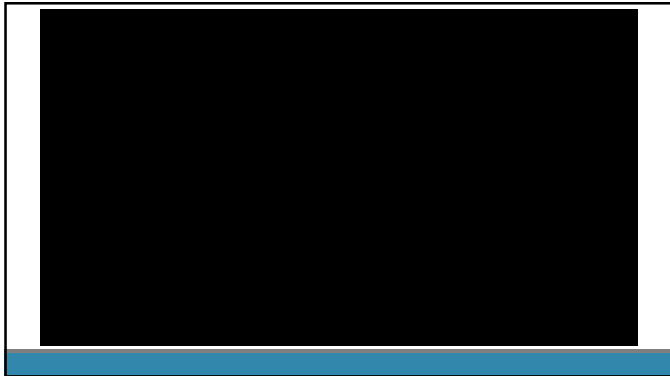
Understand what an Active Shooter Incident is and discuss recent incidents and risk factors

Explore the emotional and psychological impacts that an Active Shooter Incident may have on all involved

Discuss the actionable steps that can be taken at all stages of an Active Shooter Incident

Identify strategies to reduce Active Shooter Incidents in the future

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What is an Active Shooter Incident?

The FBI classifies an event as an Active Shooter Incident as one that involves one or more shooters actively killing or attempting to kill one or more people in a populated and confined area.

While some active shooters are mass murders, not all incidents include the 3+ deaths that moniker requires.

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Active Shooters: Who are they?


- Anybody
- All races
- Ages from 12 – 87 years old. Most common ages are between 25 – 34 years old.
- Most commonly male, though there are some female shooters and a few transgender shooters.
- There is no real Active Shooter “profile”

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Characteristics & Risk Factors

- | | |
|----------------------------------|---|
| ▪ Mental Illness | ▪ Substance Abuse |
| ▪ Threats or thoughts of suicide | ▪ Stalking behaviors |
| ▪ History of violence | ▪ Feelings of being betrayed / taken advantage of |
| ▪ Witness of violent acts | ▪ Lack of family support or negative family exposures |
| ▪ Access to firearms | |

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Potential “Reasons” for an Active Shooting Incident from the perspective of the shooter:

- Avenging a wrong done to them
- Belief that everyone is against them
- Mental illness creates a variety of scenarios

Sometimes we may never know

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By the numbers (2019 – 2023) in the U.S.

Number of Active Shooter Incidents: 229 (Up 83% from 2014-2018)

Number of Casualties: 1,222 (449 killed, 773 injured)

Number of States: 44 states, plus Washington D.C.

Number of Shooters involved: 235 (130 caught by police, 46 killed by law enforcement, 40 committed suicide, 9 were killed by civilians, and 9 are still at large)

Gender of Shooters: 222 males, 6 female, 1 identified as non-binary, 1 identified as both female and transgender male, and 5 are unidentified

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Where do these incidents occur?

2023 Location Categories



Location Category	Number of Incidents
Open Space	28
Commerce	14
Education	3
Health Care	2
Residence	1
Government	0
House of Worship	0
Other	0

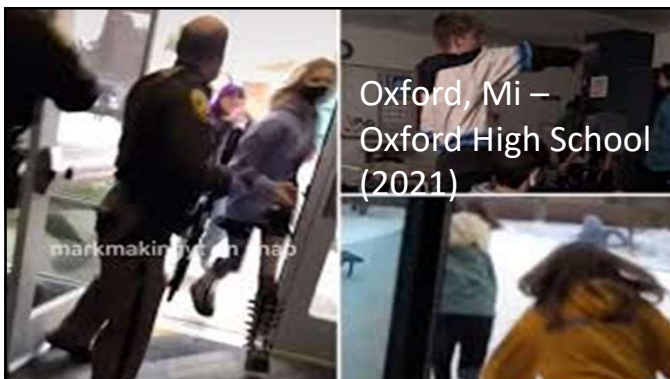
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Recent Incidents

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Atlanta, GA – Northside Family Medicine & Urgent Care (2023)



ATLANTA SHOOTING
SUSPECT ACCUSED OF KILLING 1 WOMAN, WOUNDING 4 CAPTURED

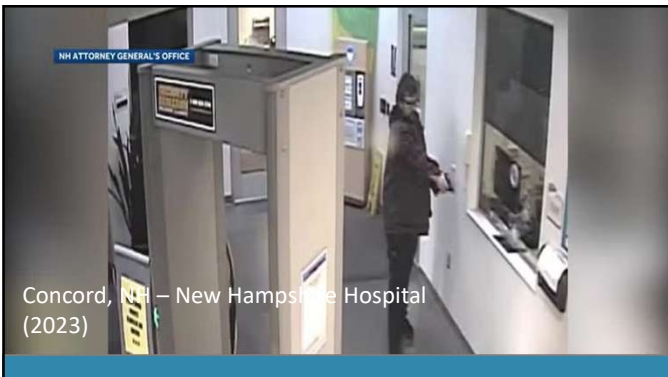
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Lansing, MI – Michigan State University (2023)



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Concord, NH – New Hampshire Hospital (2023)



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Active Shooter Incident Stages

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Pre-Incident

Situational Awareness is key

- Doors & exits
- Stairs?
- Observations of manner of dress
- Behaviors / Interactions



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Pre-Incident

KNOW WHAT YOU HAVE TO HELP YOU



EASY, SMALL ITEM FOR YOUR BAG



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Start of Incident

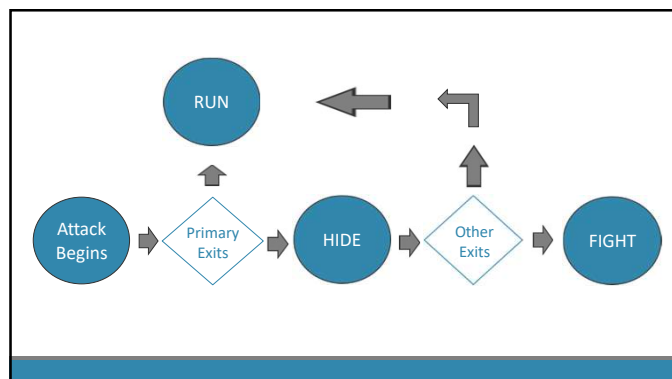


Trust your gut!

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What you do matters!

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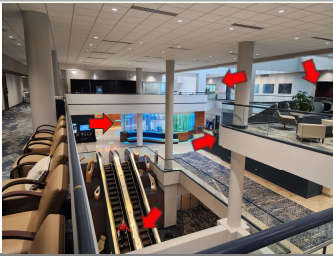
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Incident in Progress
Make a choice

RUN HIDE FIGHT

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RUN



23

RUN



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RUN

Don't be a hero

Get somewhere safe



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HIDE



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HIDE

FOR A DOOR THAT OPENS IN



FOR A DOOR THAT OPENS OUT



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HIDE

Turn off the lights

Get out of sight

Turn off your phone sounds



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FIGHT

Stand near the door

Always go for the weapon

If more than one of you, have a plan



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FIGHT

No other options – Fight for your life!

This is not a fair fight

Use anything as a weapon



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When Police Arrive

#1 Purpose



Stop the killing

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When Police Arrive

Listen to their instructions

Hold hands open and away from body

Do NOT move until you are told

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When Police Arrive

Provide information / point to suspect location
if known

Evacuate the area when told

Stay to be a good witness

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After it's over



Expect mental trauma, sleep issues, anxiety, guilt, sadness, fear.....

Seek help: professional, church, CISD, family, friends

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What can we do to prevent an incident?

Pay attention to those around you

Some shooters talk about their plans

Notify and report

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Don't name them

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Lifesaving Skills



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Tools to protect your facility

WWW.FIGHTINGCHANCESOLUTION.COM

WWW.NIGHTLOCK.COM



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Stay alert

Stay ready

Stay safe

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Questions

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